

Hélios Mad Wave Challenge International 2020
Saturday 18 January 2020

Race	Nb Heats	Swimming Style	Begin Hour *
Warmup - 07H30			
1	13	100 m Backstroke Women	08:30
2	4	400 m Medley Man	08:58
3	12	200 m Medley Women	09:28
4	10	100 m Breaststroke Man	10:17
5	2	200 m Butterfly Women	10:41
6	12	200 m Free Style Man	10:48
	1	Morning Break 20 min	11:29
7	2	800 m Free Style Women	11:49
8	2	1500 m Free Style Man	12:15
Lunch Break			
Warmup - 13H00			
9	2	100 m Free Style Ducklings Mixed 8-9 years	14:00
10	4	100 m Free Style Ducklings Mixed 10 years	14:05
11	6	400 m Free Style Man	14:14
12	2	100 m Breaststroke Ducklings Mixed 8-9 years	14:56
13	4	100 m Breaststroke Ducklings Mixed 10 years	15:02
	1	Afternoon Break 20 min	15:14
14	17	50 m Free Style Women	15:34
15	9	200 m Backstroke Man	15:55
16	7	200 m Breaststroke Women	16:28
17	9	100 m Butterfly Man	16:58
18	18	100 m Free Style Women	17:18
End Day 1			

Hélios Mad Wave Challenge International 2020
Sunday 19 January 2020

Race	Nb Heats	Swimming Style	Begin Hour *
Warmup - 07H30			
19	12	100 m Backstroke Man	08:30
20	4	400 m Medley Women	08:55
21	11	200 m Medley Man	09:25
22	11	100 m Breaststroke Women	10:07
23	3	200 m Butterfly Man	10:33
24	15	200 m Free Style Women	10:44
	1	Morning Break 20 min	11:42
25	4	800 m Free Style Man	12:02
26	1	1500 m Free Style Women	12:55
Lunch Break			
Warmup - 13H30			
27	1	100 m Backstroke Ducklings Mixed 8-9 years	14:30
28	3	100 m Backstroke Ducklings Mixed 10 years	14:33
29	6	400 m Free Style Women	14:41
30	2	100 m Butterfly Ducklings Mixed 10 years	15:20
	1	Afternoon Break 20 min	15:26
31	14	50 m Free Style Man	15:46
32	9	200 m Backstroke Women	16:02
33	6	200 m Breaststroke Man	16:37
34	9	100 m Butterfly Women	17:01
35	16	100 m Free Style Man	17:21
End Meeting			
			17:51